

**Surgical Associates of La Jolla**  
**PERSONAL HISTORY**

Patient's Name \_\_\_\_\_ Today's Date \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_  
Referred by: \_\_\_\_\_ Marital status \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_

**CHIEF COMPLAINT-** Please describe the reason for your visit today:

\_\_\_\_\_

**MEDICATIONS-** please list **Name**, **Strength** (dose), and **Frequency** (number of times taken daily):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

5. Do you take Aspirin every day? \_\_\_\_\_ (If yes, dose \_\_\_\_\_)

**ALLERGIES-** include all allergies:

Do you have any allergies to medications?    \_\_\_ Yes    \_\_\_ No

If so, please list: \_\_\_\_\_

Other: \_\_\_\_\_    Iodine? \_\_\_\_\_    Shellfish? \_\_\_\_\_

**SURGICAL HISTORY-** Please list any prior surgeries chronologically (include year):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**MEDICAL HISTORY-** Have you ever had any of the following? When?

Asthma	___ Yes	___ No	Rheumatic fever	___ Yes	___ No
Diabetes	___ Yes	___ No	Seizures	___ Yes	___ No
Heart attack	___ Yes	___ No	Strokes	___ Yes	___ No
High blood pressure	___ Yes	___ No	Tuberculosis	___ Yes	___ No
Pneumonia	___ Yes	___ No	Thyroid disorder	___ Yes	___ No

Cancer? \_\_\_ Yes \_\_\_ No    If yes, what type? \_\_\_\_\_

Please list any other illness or hospitalizations: \_\_\_\_\_

\_\_\_\_\_

\*\*\*\*(Please see reverse to complete additional information)\*\*\*\*

**PERSONAL HABITS:**

Do you currently smoke?    \_\_\_ Yes    \_\_\_ No    If yes, for how long? \_\_\_\_\_ packs/day \_\_\_  
Did you smoke in the past?    \_\_\_ Yes    \_\_\_ No    If yes, for how long? \_\_\_\_\_ packs/day \_\_\_  
Do you drink alcohol?    \_\_\_ Yes    \_\_\_ No    Drinks per week? \_\_\_\_\_  
Do you use drugs?    \_\_\_ Yes    \_\_\_ No    If yes, what type? \_\_\_\_\_

Do you consume caffeine in the following?

Coffee?    \_\_\_ Yes    \_\_\_ No    If yes, cups per day \_\_\_  
Tea?    \_\_\_ Yes    \_\_\_ No    If yes, cups per day \_\_\_  
Soda?    \_\_\_ Yes    \_\_\_ No    If yes, cups per day \_\_\_  
Chocolate?    \_\_\_ Yes    \_\_\_ No

**FAMILY HISTORY:**

**RELATION    AGE    AGE AT DEATH    STATE OF HEALTH OR CAUSE OF DEATH**

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Brothers \_\_\_\_\_

& Sisters: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Children: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor Signature: \_\_\_\_\_

Date: \_\_\_\_\_